

MILLAND STORES OPEN TO ALL CARER GROUP



Carers Support West Sussex
for family and friend carers

Our Open to All Carer Group is a drop-in group for all family and friend carers. Come along for peer support, one-to-one support from our Carer Wellbeing Workers and to find out how our services can help you manage your caring role. This group will be running every other month on the third Wednesday. Free parking outside venue/on road.

Venue: Milland Community Shop
Iping Road, Liphook, Hampshire
GU30 7NA

Time: 10 am - 11.30 am

Meeting Dates

- 19 July 23
- 15 Nov 23
- 20 Sep 23
- 17 Jan 24



Scan the code to book or contact our friendly team to find out more:

Call **0300 028 8888**

Email **info@carerssupport.org.uk**

Visit **www.carerssupport.org.uk**

Registered Charity No. 1123359

Company No. 6418743

Follow our social media channels to stay up to date with wellbeing information and groups:

 [facebook.com/CarersWSussex](https://www.facebook.com/CarersWSussex)

 [@carerswsussex](https://twitter.com/carerswsussex)

 [@carersSWS](https://www.instagram.com/carersSWS)

 [carerssupportwestsussex](https://www.linkedin.com/company/carerssupportwestsussex)